



**Q1 SPA**  
GOLD COAST

# Unrivalled

Exotic, Unique, Indulgent



## No 1 Spa Gold Coast

*Voted in the Top 10 Best Spas  
Australasia South Pacific  
Condé Nast Traveller UK*

**Q1 Spa is the ultimate spa experience in surroundings so unique they are world recognised.**

Experience this award winning spa nestled within the tropical gardens of the world's tallest residential tower.

Fusing ancient therapies from the Dreamtime using the uniquely Australian L'ITYA Spa Care range together with the exquisite PEVONIA BOTANICA, delivering performance and exceptional results.

*You are invited to experience what the rest of the world has been praising.*

Q1 Spa is operated by the multi award winning and internationally recognised owners of Exclusive Spas Group, Australia.

Winners of the coveted Condé Nast Traveller Spas Awards UK  
*No 1 Spa Australasia, South Pacific Region.  
Voted in the Top Ten Best Spas of the World.*

Recognised by Harpers & Queen London  
*Top 100 Spas of the World.*

British Vogue  
*Style Spas of the World.*

Holidays for couples  
*Best Resort Spa Australia.*

*Voted L'ITYA Spa of the Year.*





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**Q1 Resort & Spa is situated in a superb beachside location in the heart of Queensland's tourist capital Surfers Paradise, on the Gold Coast just a five minute stroll from Cavill Avenue.**

**International award winning Exclusive Spas of Australia welcomes you to their number one spa retreat. Nestled within the tropical gardens of the world's tallest residential tower. The beautifully decorated Q1 Spa oozes charm and tranquillity. Q1 is a spa for men and women and specialise in dual treatments.**

**The Q1 Spa**

- A Spa for Men and Women
- Open 7 days, 9am – 8pm
- 24 hour booking service
- Nestled within the gardens of Q1 Resort
- Ground Floor setting over two levels
- Overlooking the lagoon pools

**Facilities**

- 8 ambient state-of-the-art treatment rooms
- 3 dual wet/dry treatment rooms
- 3 Vichy Showers
- 1 Jet Spa 'pod' room
- 1 Hydrostorm and dual dry room
- Indoor/outdoor mineral spa
- Serenity Room with glass roof
- Beautifully appointed change rooms
- Complimentary herbal teas and cool beverages

**Treatments**

- Facials – Therapeutic techniques
- Massage – Swedish, Remedial, Aromatherapy, Pre Natal
- Treatments especially for Men
- Far Infrared Treatment – Working at a cellular level
- Zone Therapy – Head, hands, feet, reflexology
- Body Exfoliation – Polishes, buffs, scrubs, glows
- Body Wraps – Peat muds, ochres, pearl and kelp
- Balneotherapy – Mineral spa bathing, Vichy
- Hydrotherapy – Steam, mist, blitz spritz, vibration
- Hot and Chilled Stone Therapy
- Signature Treatments, Spa Rituals, Spa Journeys
- Upgrades – Hair, scalp, eye essentials, healing and anti-ageing serums, mini facials

**Services:**

- Fully Qualified Therapists
- Pevonia Botanica Spa Care Range – delivery results and performance
- Uniquely Australian - LI'TYA Spa Care Range, exclusive on the Gold Coast to Q1 Spa
- Indigenous inspired techniques, treatments & therapies
- Spa Cuisine
- Gift Certificates – Purchase traditionally from the Spa or online at [www.espa.net.au](http://www.espa.net.au)
- Group, Corporate, Weddings
- Spa Packages
- Retail Shop – Spa Gifts
- International Delivery
- Face, Hand, Head and Feet Rituals
- Body Massage Rituals
- Buffs, Wraps, Thalasso, Vichy, Rocks
- Signature Treatment – The Mala Mayi
- Spa Journeys

**Location:**

Hamilton Avenue  
Surfers Paradise,  
Queensland 4217  
Australia

**Enquiries & Reservations**

**Q1 Spa**

Tel: +61 7 5539 9293

Fax: +61 7 5538 4733

**Q1 Resort**

Tel: +61 7 5630 4500

[info@q1spa.com](mailto:info@q1spa.com)

[www.exclusivespas.com.au](http://www.exclusivespas.com.au)

[www.Q1.com.au](http://www.Q1.com.au)

